

# MOUNT ABU

## Trekking Camp

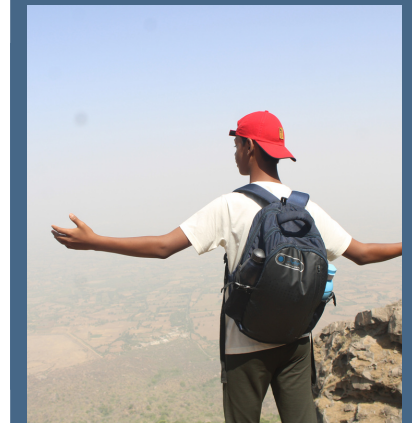
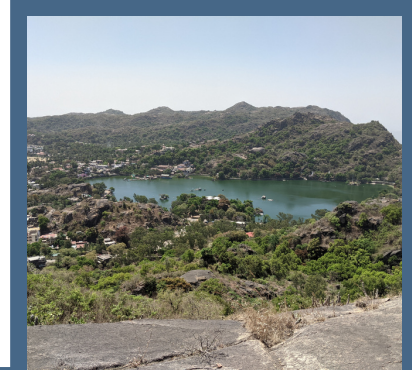


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# ABOUT MOUNT ABU

Mount Abu, nestled in the Aravalli Range of Rajasthan, is a captivating destination that combines natural beauty, spirituality, and history. This unique hill station stands out in the desert surroundings due to its lush landscapes, dotted with rivers, waterfalls, and forests. While the highest peak, Guru Shikhar, beckons hikers with its magnificent views over the Aravalli Range, it also hosts a space observation station for astronomy enthusiasts. Atop this peak, you'll discover a historic temple dedicated to Lord Dattatreya. But Mount Abu's charm extends beyond Guru Shikhar; it boasts several ancient temples, including the famous Dilwara Temples with their exquisite marble carvings, the cave temple of Adhar Devi, and the serene Nakki Lake. For history buffs, the Achalgarh Fort provides insights into the region's past. Nature lovers can explore the Mount Abu Wildlife Sanctuary, while hikers can embark on scenic treks such as the Arbuda Devi Temple trek. To top it off, savor the flavors of local Rajasthani cuisine, making Mount Abu a well-rounded destination for all types of travelers.



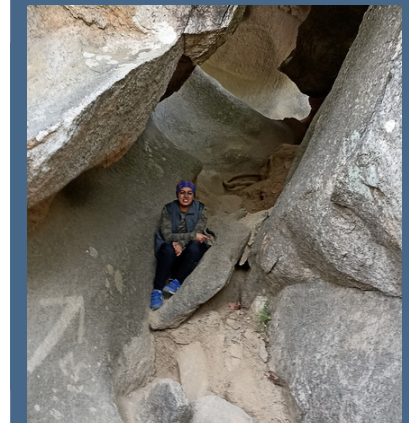
# HIGHLIGHT OF CAMP

## HIGHLIGHTS

- Camp Duration
- Camp Type
- Accommodation
- Food
- Transportation
- Sightseeing
- 3 Days 2 Night
- Adventure, Trekking and Nature
- Tent on Sharing Base
- Pure veg and Delicious
- Bus(Non AC 3X2 or According to Participate)
- Mount Abu City and Surrounding Place

## ACTIVITIES

- Trekking
- Caving
- High rope
- Balance walk
- Commando bridge
- Net climbing
- Burma bridge
- Tire walk
- Zip line
- Ladder climbing
- Rock climbing
- Rock Repelling
- Camp fire
- Group game



## Day - 1 - Exploring the Trails and Tales of Limdikothi

- Arrival at the campsite: This marks the beginning of the adventure. Arriving early gives everyone a fresh start and more time to engage in activities.
- Introduction session for participants: An essential part to help attendees get acquainted. This builds a sense of community and allows participants to know the organizers and each other.
- Tent allotment and settling down: It's vital to have a designated space to rest and store personal belongings. Allotting tents ensures everyone's comfort and security.
- Begin a small trek to Limdikothi: Trekking is a great way to appreciate nature and stretch those muscles. Limdikothi, being the destination, might have its own historical or natural significance.
- Experience the thrill of caving: Caving or spelunking is an adventurous activity that involves exploring caves. It's both exciting and educational as participants might learn about rock formations, cave ecosystems, etc.
- Enjoy a spectacular view of Nakki Lake: A visual treat after the exertions of caving. Natural vistas like lakes add serenity to the experience and offer excellent photo opportunities.
- Relish a delightful meal at the campsite: After the morning's activities, everyone will appreciate a good meal. It's also a time to relax and bond with fellow participants.
- Engage in adventure activities: These might include group games, trust activities, and more, enhancing teamwork and trust among participants.
- Take a break with a refreshing hi-tea: A small snack break to recharge. Hi-tea usually consists of light snacks and beverages.
- Climbing: An excellent physical activity that tests and builds strength, endurance, and problem-solving skills.
- Repelling: Also known as abseiling, it's an adrenaline-pumping activity where participants descend a rock face using ropes.
- Return to the campsite: After a day full of activities, it's time to head back, relax, and refresh.
- Gather around for a campfire: A traditional camping activity. Campfires offer warmth, a place to cook or roast snacks, and a hub for storytelling, singing, and bonding.
- Enjoy a hearty dinner: Wrapping up the day with a fulfilling meal ensures everyone goes to bed satisfied.

## Day - 2 - Exploring Mount Abu: From Serene Treks to Spirited Dances

- **Wake Up Early:** An early start helps maximize the day, allowing for a full range of activities and experiences.
- **Breakfast:** A nutritious meal to provide energy for the forthcoming trek and activities. Breakfast in the outdoors, surrounded by nature, can be a delightful experience.
- **Nature Trek:** A chance to witness the pristine beauty of Mount Abu. This trek allows participants to connect with nature, observe local wildlife, and enjoy the tranquility away from the campsite.
- **Lunch at Campsite:** After the trek, return to the campsite to enjoy a meal, perhaps made from local ingredients or in a local style.
- **Rest Period:** Given the morning's exertions, it's important to allocate some downtime. This period allows participants to rejuvenate, perhaps share stories from the trek, or just relax in their tents.
- **Adventure Time - High Rope Activities:** An exhilarating session where participants can challenge themselves with 8 different high rope activities. These are designed to test physical strength, mental resolve, and agility while ensuring safety and fun.
- **Dinner and Garba with Campfire:** A cultural experience combined with the coziness of a campfire. Enjoy a delicious dinner followed by Garba, a traditional Gujarati dance, creating an ambiance of festivity and bonding.

## Day - 3 - Delving into Local Wonders of Mount Abu

- **Wake Up and Breakfast:** Start the day at your own pace and enjoy a hearty breakfast at the campsite.
- **Departure from Campsite:** Pack up, say your goodbyes to the campsite, and prepare for a day of exploration. Lunch at Campsite
- **Local Sightseeing:** Dive deep into the local attractions of Mount Abu. This could include visiting historical sites, temples, lakes, markets, or any other renowned places the location offers. It's a chance to immerse oneself in the local culture, history, and beauty of the area.



# ESSENTIAL PACKING CHECKLIST

## **Clothing:**

- Rough Clothes (3 Pairs): opt for durable and comfortable clothing that can withstand the rigors of outdoor activities.
- For Monsoon: Ensure you have a Rain Coat, Poncho, or Waterproof Jacket to keep dry during unexpected showers.
- For Winter: Pack a Warm Jacket or Sweater to combat the cold. Hand Gloves and Winter Caps will help keep extremities warm.

## **Footwear:**

- Trekking, Hiking, or Sports Shoes: Ensure they have a good grip, especially for treks. Note: Avoid shoes with plastic soles as they might slip easily.

## **Accessories:**

- Sunglasses: Protect your eyes from the harsh sun.
- Cap: A cap can shield you from both sun and light rain.
- Torch: Handy for evening walks or if you need to navigate after dark.

## **Personal Items:**

- Back Pack: A sturdy backpack to carry your essentials.
- Water Bottles (2): Stay hydrated throughout the journey. Consider reusable bottles to minimize waste.
- Personal Medicine: If you have specific health conditions or are prone to allergies, ensure you carry necessary medications.
- Sanitary Items: Personal hygiene is crucial, especially when outdoors for extended periods.

## **Weather Specific Items:**

- Monsoon Gear: If traveling during the rainy season, waterproof gear can be a lifesaver.
- Winter Gear: Warmth is vital during colder months. Items like gloves and winter caps help retain heat.



## INCLUSION

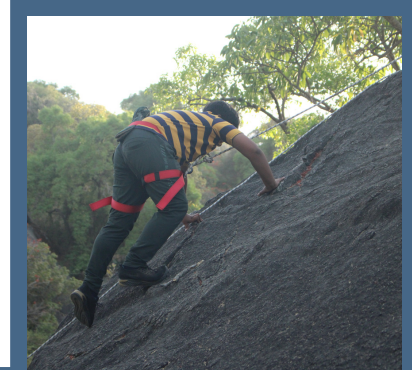
- **Transportation:** Round-trip transportation provided from Ahmedabad to Ahmedabad via a comfortable bus. Ensures hassle-free travel for all participants.
- **Pure Vegetarian Food:** Freshly prepared, delicious vegetarian meals will be served throughout the trip.
- **Special Dietary Options:** For those following specific dietary restrictions, Jain and Swaminarayan food options are available upon request.
- **Adventure Activities:** All necessary permissions for the adventure activities are taken care of, ensuring a seamless experience.
- **Trekking:** Permissions for trekking in specific zones or areas are also secured in advance.
- **All Toll Taxes:** Any toll charges encountered during the journey are covered.
- **Border Tax:** If the trip involves crossing certain borders or zones, the associated taxes are included.
- **Parking Charges:** Parking fees at various stops or destinations are handled.
- **Driver Allowance:** The driver's daily allowance, ensuring they are well taken care of, is included.

## EXCLUSION

- **Transportation Outside of Program:** Any travel needs not included in the trip's official itinerary will be the participant's responsibility.
- **Personal Spending:** Any personal shopping or miscellaneous expenses will be borne by the participant.
- **Tips:** Gratuities for guides, staff, or any other personnel are not included and are at the discretion of the participant.
- **Food During Travel:** Meals or snacks consumed during transit or outside of the provided meal times are not covered.
- **Exclusions in the Itinerary:** Any expenses or activities not explicitly mentioned in the inclusion list will be out of pocket.
- **Medical Expenditures:** While basic first aid is provided, any further medical treatment, medicines, or hospitalization will be the participant's responsibility.
- **Campfire:** The provision of a campfire is subject to favorable weather conditions. It may not be possible during wet or windy conditions to ensure safety.

# RULES AND REGULATIONS

- Participant will have to follow the instructions clearly and quietly given by the Instructors/Leaders.
- Any Misbehave during the camp will lead to cancellation of the participant & participant may be ordered to leave the campsite/Trek at any time.
- Sitting arrangements will be on rotation basis. Do not demand for group sitting arrangement during travelling. Your Camp Escort/Instructor will guide you for this and we need to cooperate with them.
- Accommodation is based on sharing based. As per the situation, Accommodation may change and participants need to cooperate with Participants /Instructors.
- Participants have to keep the Campsite area/Rooms/Tents neat and clean.
- Do not leave the Campsite area/Hotel/Trek without any permission from the Camp manager/Instructors.
- Participants have to take care of their valuable things. For any kind of missing items, Gujarat Adventure Club is not responsible.
- If Participant is found having any type of Narcotic drugs, Alcoholic items, Tobacco items and Smoking items during these days, inside or outside the campsite area that will directly lead to cancellation of the participant and no refund will be paid.





# PAYMENT AND CANCELLATION

- For all the services contracted, certain advance payment should be made to hold the booking, on confirmed basis & the balance amount can be paid either before your departure from your destination, definitely before the commencement of the services.
- Management personnel holds the right to decide upon the amount to be paid as advance payment (Half Payment), based on the nature of the service & the time left for the commencement of the service. Rest of Amount must be paid before One day of Departure.
- If a Camp is called off at the last moment due to a natural calamity / unforeseen circumstances (like rains, earthquake, landslides, strike decided by management team etc.), we will issue the full fees. Cancellation is on full fees Otherwise you can change your camp dates if it is possible by us. The cancellation charges For National Camp / Tour:

LEVEL	DURATION	CANCELLATION %	REFUND %
1	More then 31 Days of Departure	10%	90%
2	Between 21 to 30 days of Departure	25%	75%
3	Between 08 to 20 days of Departure	50%	50%
4	Between 01 to 07 days of Departure	75%	25%
5	In last 24 hours of Departure	90%	10%

## How to Registrar and Book

**STEP 1.:** Fill the registration form of all the members who will be participating in the camp, it is mandatory to fill form of all only then further process will be carried.

**REGISTRATION** can be done manually at our office or Google link will to send to you on the contacted number.

**STEP 2.:** After the registration is completed, payment is to be done offline through cash at our office or online where the payment details will be shared on the contacted number.

**NOTE:** Online payment will add 5% GST to the total amount.

**STEP 3.:** Once the registration and payment is completed we will send you the receipt and keep updating you with the camp information.

### Our Bank Details

Legal Name	Gujarat Adventure Club
Bank Name	Axis Bank
Bank Location	Navranpura, Ahmedabad
Account Number	921020040109840
ISFC Code	UTIB0001336
Gpay Number	8511516111
UPI ID	info.gujaratadventure@okaxis

### QR Code



After the payment send your transaction screenshot of fees payment receipt.



# GUJARAT ADVENTURE CLUB



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**[www.gujaratadventrueclub.com](http://www.gujaratadventrueclub.com)**